HCB2/22: Histological and Cytological Staining

This EQA round was accomplished according to the document *EQA Plan 2022*. *Typing conventions:* We are using comma as a decimal separator and dates in day.month.year format.

Samples

The samples for this round were prepared by the subcontractor. Each participant received:

- 2 histological slides (labelled A and B).
 Sample A: Lung tissue (necropsy). Kidney tissue (necropsy).
 Sample B: Lung tissue (necropsy). Kidney tissue (necropsy).
 2 astalaciael slides (labelled C and D).
- 2 cytological slides (labelled C and D).
 Sample C: Thoracic puncture, man, born 1958.
 Sample D: Thoracic puncture, woman, born 1935.

The staining to be performed by each participant was prescribed for each slide

Assessment of the participants' results

The tasks of the participants were:

- 1. Perform staining using a standard procedure that is routinely used in the laboratory (or perform an alternative staining) and mark the staining really used in the result form.
- 2. Send both stained slides (EQA samples) and filled in result form back to SEKK.

Assessment of participant's staining is performed by a team of 3 experts. This team evaluates the staining quality for each slide separately. The experts evaluate **the quality of staining** on the scale from **0 to 2 points** for each individual slide as follows:

| Score (points) | Description | Criteria |
|-------------------|--------------------------|---|
| 2 | Excellent staining | Staining without comments from the experts. |
| 1 | Acceptable staining | For HE staining (sample A) and MGG/HE (samples C and D) weak staining of the cores, which still allows to assess the details of the nuclear architecture. For methods detecting yeast (sample B) any staining intensity that allows to identify it and determine its morphology. |
| 0 | Unacceptable staining | For HE staining (sample A) very weak staining of the cytoplasm of cells with hematoxylin, practically not allowing tissue evaluation, very weak staining of cell nuclei with eosin, not allowing to assess in detail the architecture of the nuclei. For methods detecting yeast (sample B) the intensity of staining which no longer made it possible to identify it and determine its morphology. For MGG and HE staining (samples C and D) very weak staining of the cytoplasm of cells, practically not allowing tissue evaluation and very weak staining of cell nuclei, not allowing to assess the architecture of the nuclei in detail. |

Virtually every routinely used staining has many variants that are used according to the local customs and traditions of workplaces. Whether or not individual experts like a particular staining is usually the subject of discussion during the evaluation, but it does not affect the scoring of individual preparations - a key parameter of the assessment is the applicability of the staining in routine operation.

The staining quality of a particular slide is not evaluated if an expert has marked the slide as not assessable, or if the participant used other than the prescribed or alternative staining, or has not done the staining at all.

Experts assess all samples anonymously, i.e. without knowledge of the participant that sent the sample.

| Team of the experts | assoc. prof. Tomáš Jirásek, MD, PhD Petra Kašparová, MD, PhD Markéta Trnková, MD |
|---------------------|--|
|---------------------|--|

Using several anonymous model cases, the experts verified their assessment criteria and discussed possible points of dispute in order to ensure the maximum possible objectivity in the interpretation among all experts.

The scores for individual samples from individual experts are summated, so the sums could range from **0 to 6 points** for each slide. The scores achieved were then evaluated as follows:

| Score | Evaluation | Recommendation |
|------------|---------------------|--|
| 6 or 5 | Excellent result | Without comments. |
| 4 or 3 | Acceptable result | It is advisable to improve the staining (the staining is not optimal). |
| 2 and less | Unacceptable result | It is a warning signal and an impulse for an immediate action |

designated for the participants of the round

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If a participant's result is evaluated as "excellent result" or "acceptable result" on the basis of the scoring, then the result is evaluated as **successful** in the EQA.

Supervisor's comment

There were 86 participants in this round, 7 of them from Slovakia and 1 from Poland.

Sample A (histology)

HE staining (success rate 100 %): The participants manage this staining in a quality suitable for diagnostics.

Sample B (histology)

Grocott staining (success rate 96 %): Unsatisfactory staining was observed in 2 participants, these were preparations in which it was not possible to capture either the characteristic morphology of the yeast at all in the staining, or its intensity was so low and/or its distribution was so irregular that it was not possible reliably distinguish the yeast present in the tissue from other positively visible structures (usually the tissue stroma).

PAS staining (success rate 100 %): The participants manage this staining in a quality suitable for diagnostics.

Samples C and D (cytology)

MGG staining (success rate 100 %): The participants manage this staining in a quality suitable for diagnostics. **HE staining** (success rate 100 %): The participants manage this staining in a quality suitable for diagnostics.

One of the participants sent us a note in which he suspected the incompatibility of the staining procedure they used and the glasses used. This comment, which we encountered for the first time, was evaluated as relevant and the experts took it into account in the assessment process, and the laboratory was not penalized in this regard in the evaluation. We will try to focus on this problem in the next round and find a suitable solution.

Summary

In the opinion of the experts the vast majority of the submitted preparations demonstrated good quality staining and routine practice usability; section thickness is a matter of local habit, as is the intensity of a tissue staining with hematoxylin and eosin. Samples that some laboratories consider excellent may be evaluated by another workplace as thick and unsatisfactory, or discolored (and vice versa). We reiterate that the measure of evaluation is usability in routine practice, not the "artistic impression" of the sample before the "jury".

Long term success rate

You can find in the following table the overview of the total success of the participants of this round over last 2 years. Individual ranges of success are defined in the column headers (0 % ... no success; 50 % ... success from 1 to 50 %; 75 % ... success from 51 to 75 % etc.). Next 2 lines contain both absolute and relative number of participants that reached the success rate specified in the header.

| | Success | 0 % | 50 % | 75 % | 80 % | 85 % | <i>90 %</i> | <i>95 %</i> | 99 % | 100 % |
|-------|----------|-----|------|-------|------|------|-------------|-------------|-------------|-------|
| Count | absolute | 0 | 0 | 1 | 0 | 0 | 2 | 10 | 0 | 73 |
| | relative | - | - | 1,2 % | - | - | 2,3 % | 12 % | - | 85 % |
| | | | | | | | | | | |

Note: You can find your individual success over last 2 years in your result sheet.

The table shows that the most participants in this round show a long-term success rate of over 90 %. A success rate of 90 % or less should be considered an impulse for the improvement.

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Supplements

As a supplement to this report individual participants receive:

| Name of the supplement | Remark | | | | |
|----------------------------|---|--|--|--|--|
| Confirmation of attendance | Issued only to those participants who have met the conditions for its issuance. | | | | |
| Result sheet | Issued only to those participants who sent us the results. | | | | |
| (qualitative results) | In the result sheet you can find the scoring of the staining which was performed by a team of experts for individual glasses (the symbols are explained in the legend). Here you can compare your results with the anonymised results (points) of other participants. | | | | |

SEKK EQA Division

designated for the participants of the round

HCB2/22: Histological and Cytological Staining

The supplements are labelled by its name, the code of the EQA round, and the code of the participant and are intended for the participant's private purposes only.

Also we return the slides that we received from the participants.

Additional information

The final report, with the exception of the supplements, is public. Further information is freely available to both participants and other professionals at <u>www.sekk.cz</u>, in particular:

- The summary of the results of this round, including this final report.
- The document EQA Plan (contains information that applies both to this round and also the EQA in general).
- Explanation of the content of the particular supplements mentioned above.
- Contact to the EQA provider and the EQA coordinator and the list of all supervisors, including contacts.